



SUNY Downstate College of Medicine

Integrated Pathways Curriculum, Class of 2021

Unit 1: Human Structure and Function

August 14 – October 6, 2017



UNIT 1: Human Structure and Function

Calendar for 2017

Updated August 4, 2017

We are pleased to offer a preview of the Unit 1 calendar for the Integrated Pathways Curriculum at the SUNY Downstate College of Medicine.

- **This version of the calendar is current as of August 4, 2017**, but there may be changes to the calendar — including the dates and times of activities or assessments — before or after implementation of the Unit.
- Any future changes to the calendar are likely to be minor, and the dates and times for most activities will not change.
- The calendar will be posted and available online via the Blackboard/ilios system in early August, and we hope to send you a link to the online version about a week before Orientation begins. You'll be using the online version extensively throughout the Foundations Units at Downstate.
- Any changes or updates will be included in the online version.
- We hope that this preview is helpful, and we look forward to meeting the incoming Class of 2021 at Orientation on Monday August 7th. We are pleased and privileged to be working with you in Unit 1.
- Please feel free to contact me with any questions or concerns – keith.williams@downstate.edu

A handwritten signature in blue ink, appearing to read "Keith Williams".

*Dr. Keith Williams
Distinguished Teaching Professor
May, 2017*

UNIT 1

Calendar Overview

2017

January

| Su | Mo | Tu | We | Th | Fr | Sa |
|----|----|----|----|----|----|----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | 31 | | | | |

February

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| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | | | | |

March

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| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | 31 | |

April

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| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 | | | | | | |

May

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| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 | | | |

June

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| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |

July

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| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 | 31 | | | | | |

August

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| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | 31 | |

September

| Su | Mo | Tu | We | Th | Fr | Sa |
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| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 | | | | | | |

October

| Su | Mo | Tu | We | Th | Fr | Sa |
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| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | 31 | | | | |

November

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| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | |

December

| Su | Mo | Tu | We | Th | Fr | Sa |
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| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 | 31 | | | | | |



Orientation
August 7 to 11

Unit 1:
August 14 to October 6

Unit 2: October 9 to
December 22

UNIT 1

Key to Modalities

| | | | |
|---|---|---|-------------------------------|
|  | Informational sessions |  | Patient Presentation |
|  | Interactive Lecture |  | Gross Anatomy Lab |
|  | Problem-Based Learning (PBL) |  | Histology/Histopathology Lab |
|  | Clinical Skills (CS) Small Group |  | Independent Learning activity |
|  | Clinical Skills (CS) Lab |  | Formative Assessment * |
|  | Radiology Lab (RRE) |  | Summative Assessment |
|  | Patient-Oriented Problem Solving (POPS) | | |

Please note that some activities (e.g., Interactive Lectures) include the entire class in each session. Other activities (e.g., PBL, CS Small Group, CS Lab, RRE, POPS, Gross Anatomy Lab) typically include half the class or some other division, e.g., one quarter of the class, in any given session. Those sessions are repeated, either on the same day or on different days, so as to eventually encompass the entire class. For example, Ms. Alvarez Session 1 (PBL, # 2) is taken by Half I of the class on the morning of August 14th and by Half II of the class on the afternoon of the same day; the Thorax anatomy lab (# 21) is taken by half of Half I (a quarter of the class) at 2:30 p.m. on August 21st, by the other half of Half I at 3:30 p.m. that day, and by Half II the following morning. A particular student will only be in Half I or Half II, and we'll let you know your final assignments during Orientation Week.

All sessions have a Unique ID number shown in blue (1, 2, 3, 119, 5, 7, 6, etc.). The numbers are not necessarily in sequence — they are for reference and are key for calendaring and administrative support.

* Weekly formative assessments open on Friday and are due by 9 a.m. the following Tuesday. The scores do not count toward the Unit grade, but formative assessments are a required activity and a valuable study tool, and are part of the Professionalism competency.

| | | Half I | Half II | Half I | Half II | Half I | Half II | Half I | Half II | Half I | Half II |
|----------------------|------------|---|---------|-----------------------------|---------|---|---------|--------------------------------|---------|--|---------|
| 2017 | | Monday August 14 | | Tuesday August 15 | | Wednesday August 16 | | Thursday August 17 | | Friday August 18 | |
| 9:00 | 9:00 a.m. | 1 Unit 1 Overview | | 119 Vitals are Vital | | | | 31 Ms. Alvarez | | | |
| 9:30 | 9:30 a.m. | | | | | | | session 2 | | | |
| 10:00 | 10:00 a.m. | 2 Ms. Alvarez | | 5 Principles of Circulation | | 111 Overview of the Nervous System | | | | 15 Overview of the Kidneys | |
| 10:30 | 10:30 a.m. | session 1 | | | | | | | | | |
| 11:00 | 11:00 a.m. | | | | | 8 Regulation of the Cardiovascular System | | | | 114 General Discussion; Orientation to POPS | |
| 11:30 | 11:30 a.m. | | | | | | | 13 Principles of Fluid Balance | | | |
| 12:00 | 12:00 p.m. | | | 7 Cardiac Function | | | | | | | |
| 12:30 | 12:30 p.m. | | | | | | | | | | |
| 13:00 | 1:00 p.m. | | | | | 104 ANS signaling | | 10 Echo | | 31 Ms. Alvarez | |
| 13:30 | 1:30 p.m. | 3 Introduction to the Medical Encounter | | | | | | 10 Echo | | 16 Acute regulation of Cardiovascular Function | |
| 14:00 | 2:00 p.m. | | | 6 Vital Signs | | 10 Echo | | 9 The Cardiac Exam | | session 2 | |
| 14:30 | 2:30 p.m. | 2 Ms. Alvarez | | | | 10 Echo | | | | | |
| 15:00 | 3:00 p.m. | session 1 | | | | 10 Echo | | | | | |
| 15:30 | 3:30 p.m. | | | 6 Vital Signs | | | | 9 The Cardiac Exam | | ExamSoft practice exam | |
| 16:00 | 4:00 p.m. | | | | | | | | | | |
| 16:30 | 4:30 p.m. | | | | | | | | | | |
| Independent Learning | | | | 77a Money Matters 1 | | | | | | | |

Weekly Formative Assessments

| | | Half I | Half II | Half I | Half II | Half I | Half II | Half I | Half II | Half I | Half II | |
|----------------------|------------|--|---|---|-------------------------|-------------------------|-----------------------|--------------------------|----------------------------|---------------------|---------------------|--|
| 2017 | | Monday August 21 | | Tuesday August 22 | | Wednesday August 23 | | Thursday August 24 | | Friday August 25 | | |
| 9:00 | 9:00 a.m. | 18 Principles of Respiration – Breathing & Ventilation | | 25 Principles of Resp. Gas Exchange, Transport and Regulation | | 130 The Profession | | 32 Ms. Alvarez session 3 | 28 Respiration | 76 Dissection Intro | | |
| 9:30 | 9:30 a.m. | | | | | | | | | | | |
| 10:00 | 10:00 a.m. | 19 The Patient-Centered Medical Interview | | 26 Homeo- stasis: | 21 Thorax | 11 Patient Presentation | | | | | 70 Cells and Tissue | |
| 10:30 | 10:30 a.m. | | | | | | | | | | | |
| 11:00 | 11:00 a.m. | | | | 21 Thorax | | | | | | | |
| 11:30 | 11:30 a.m. | | | | | | 29 Abdomen | | 125 Intro to MSkel and PNS | | | |
| 12:00 | 12:00 p.m. | | | | | | | | | | | |
| 12:30 | 12:30 p.m. | | | | | 29 Abdomen | | | | | | |
| 13:00 | 1:00 p.m. | | | | 26 Homeo- stasis: | | | 28 Respiration | 32 Ms. Alvarez session 3 | 70 Cells and Tissue | | |
| 13:30 | 1:30 p.m. | 20 Principles of Respiration – Pulmonary Dynamics | | | | | 29 Abdomen | | | | | |
| 14:00 | 2:00 p.m. | | | 23 The Respiratory Exam | | 27 The Abdominal Exam | | | | | | |
| 14:30 | 2:30 p.m. | 21 Thorax | 19 The Patient-Centered Medical Interview | | | | 29 Abdomen | | | | | |
| 15:00 | 3:00 p.m. | | | | | | | | | | | |
| 15:30 | 3:30 p.m. | 21 Thorax | | | 23 The Respiratory Exam | | 27 The Abdominal Exam | | | | | |
| 16:00 | 4:00 p.m. | | | | | | | | | | | |
| 16:30 | 4:30 p.m. | | | | | | | | | | | |
| Independent Learning | | 105 Introduction to Evidence-Based Medicine | | | | | | | | | | |

Weekly Formative Assessments

| | | Half I | Half II | Half I | Half II | Half I | Half II | Half I | Half II | Half I | Half II |
|-------|------------|-----------------------------|--------------------|--|---------|---------------------------------------|---------|--|-----------------|----------------------------|-----------------|
| 2017 | | Monday August 28 | | Tuesday August 29 | | Wednesday August 30 | | Thursday August 31 | | Friday September 1 | |
| 9:00 | 9:00 a.m. | 34 Bones & Joints | | 37 Principles of diagnostic imaging 1 | | 40 Principles of diagnostic imaging 2 | | 120 Sensory Afferents & Spinal Cord Processing | | D04 Half I to Half II (46) | |
| 9:30 | 9:30 a.m. | | | | | | | | | 49 Back and Spine | 47 Upper Limb 2 |
| 10:00 | 10:00 a.m. | 38 Mr. Johnson session 1 | 35A Back & Spine 1 | 41 Vertebral Column, Spinal Cord and PNS | | 44 Back & Spine | | 128 Modalities and Assessments | | | |
| 10:30 | 10:30 a.m. | | | | | | | | | | |
| 11:00 | 11:00 a.m. | | | | | | | | | | |
| 11:30 | 11:30 a.m. | | | | | | | | | | |
| 12:00 | 12:00 p.m. | | | | | D02 Half I to Half II (35b) | | D03 Half II to Half I (36) | | D05 Half II to Half I (47) | |
| 12:30 | 12:30 p.m. | | | | | | | | | | |
| 13:00 | 1:00 p.m. | | | | | | | 36 Back & Spine 3 | 46 Upper Limb 1 | 49 Back and Spine | |
| 13:30 | 1:30 p.m. | D01 Half II to Half I (35a) | | | | | | | | 50 Shoulder | |
| 14:00 | 2:00 p.m. | 35B Back & Spine 2 | | 45 Back and Spine | | 45 Back and Spine | | | | | |
| 14:30 | 2:30 p.m. | 38 Mr. Johnson session 1 | | | | | | | | | |
| 15:00 | 3:00 p.m. | | | | | | | | | | |
| 15:30 | 3:30 p.m. | | | | | 45 Back and Spine | | 45 Back and Spine | | | |
| 16:00 | 4:00 p.m. | | | | | | | | | | |
| 16:30 | 4:30 p.m. | | | | | | | | | | |

Weekly Formative Assessments

| | | | | | |
|----------------------|--|---------------------|------------------------------|--|---------------------------------------|
| Independent Learning | | 77b Money Matters 2 | 39 Terry Survives (Biostats) | | 121 Physiological Properties of Cells |
|----------------------|--|---------------------|------------------------------|--|---------------------------------------|

| | Half I | Half II | Half I | Half II | Half I | Half II | Half I | Half II | Half I | Half II | | | | |
|-----------------------------|-------------------------------|---------|--|---------|----------------------------------|---------|------------------------------------|---------|--|---------|--|--|------------------------|--|
| 2017 | Monday September 4 | | Tuesday September 5 | | Wednesday September 6 | | Thursday September 7 | | Friday September 8 | | | | | |
| 9:00 9:00 a.m. | Labor Day | | 62 Signaling & Resting Membrane Potential | | 64 Synaptic Transmission | | 48 Mr. Johnson session 2 | | 103 Smooth Muscle and Blood Vessels | | 68 The Neuromuscular Junction | | | |
| 9:30 9:30 a.m. | | | 63 The Action Potential and Clinical Correlates | | 80 Smooth Muscle | | | | | | 112 Capillaries, Lymph and edema | | | |
| 10:00 10:00 a.m. | | | | | | | | | | | | | | |
| 10:30 10:30 a.m. | | | | | | | | | | | | | | |
| 11:00 11:00 a.m. | | | | | | | | | | | | | | |
| 11:30 11:30 a.m. | | | | | | | | | | | | | | |
| 12:00 12:00 p.m. | | | | | 51 Upper Limb 3 | | D06 Half I to Half II (51) | | | | D08 Half I to Half II (57) | | | |
| 12:30 12:30 p.m. | | | | | | | 52 Upper Limb 4 | | D07 Half II to Half I (52) | | 103 Smooth Muscle and Blood Vessels | | 58 Upper Limb 6 | |
| 13:00 1:00 p.m. | | | | | | | | | 57 Upper Limb 5 | | 48 Mr. Johnson session 2 | | | |
| 13:30 1:30 p.m. | | | | | | | | | | | | | | |
| 14:00 2:00 p.m. | | | 56 Shoulder, Elbow | | 56 Shoulder, Elbow | | | | | | | | | |
| 14:30 2:30 p.m. | | | | | | | | | | | | | | |
| 15:00 3:00 p.m. | | | | | | | | | | | D09 Half II to Half I (58) | | | |
| 15:30 3:30 p.m. | | | 56 Shoulder, Elbow | | 56 Shoulder, Elbow | | | | | | | | | |
| 16:00 4:00 p.m. | | | | | | | | | | | | | | |
| 16:30 4:30 p.m. | | | | | | | | | | | | | | |
| Independent Learning | | | | | | | | | | | | | | |

Weekly Formative Assessments

| | | Half I | Half II | Half I | Half II | Half I | Half II | Half I | Half II | Half I | Half II |
|----------------------|------------|---|---------|---|---------|-------------------------------|---------|--------------------------|---------|----------------------------|---------|
| 2017 | | Monday September 11 | | Tuesday September 12 | | Wednesday September 13 | | Thursday September 14 | | Friday September 15 | |
| 9:00 | 9:00 a.m. | 81 Excitation–Contraction Coupling In Skeletal Muscle | | 131 Muscle Function | | 79 Neural control of movement | | 69 Mr. Johnson session 3 | | 75 Upper Limb | |
| 9:30 | 9:30 a.m. | | | | | 55 Elbow and Hand | | | | 98 Striated Muscles | |
| 10:00 | 10:00 a.m. | 60 Professionalism | | | | | | | | | |
| 10:30 | 10:30 a.m. | | | | | | | | | | |
| 11:00 | 11:00 a.m. | | | | | | | | | | |
| 11:30 | 11:30 a.m. | | | | | | | | | | |
| 12:00 | 12:00 p.m. | | | | | D10 Half I to Half II (65) | | | | | |
| 12:30 | 12:30 p.m. | | | | | | | 66 Upper Limb 8 | | D11 Half II to Half I (66) | |
| 13:00 | 1:00 p.m. | 85 Physiological Properties of Skeletal Muscle | | 107 Connective tissue & secretory processes | | | | 72 Lower Limb 1 | | 69 Mr. Johnson session 3 | |
| 13:30 | 1:30 p.m. | | | | | | | | | 98 Striated Muscles | |
| 14:00 | 2:00 p.m. | 65 Upper Limb 7 | | | | 67 Wrist, Hand, Hip | | 67 Wrist, Hand, Hip | | 73 Lower Limb 2 | |
| 14:30 | 2:30 p.m. | 60 Professionalism | | | | | | | | | |
| 15:00 | 3:00 p.m. | | | | | | | | | | |
| 15:30 | 3:30 p.m. | | | | | 67 Wrist, Hand, Hip | | 67 Wrist, Hand, Hip | | D13 Half II to Half I (73) | |
| 16:00 | 4:00 p.m. | | | | | | | | | | |
| 16:30 | 4:30 p.m. | | | | | | | | | | |
| Independent Learning | | | | | | | | | | | |

Weekly Formative Assessments

| | | Half I | Half II | Half I | Half II | Half I | Half II | Half I | Half II | Half I | Half II | | |
|----------------------|------------|---------------------------------|---------|---|---------|----------------------------|---------|-------------------------------|-------------|----------------------------|-------------------|----------------------------|--|
| 2017 | | Monday September 18 | | Tuesday September 19 | | Wednesday September 20 | | Thursday September 21 | | Friday September 22 | | | |
| 9:00 | 9:00 a.m. | 108 Bone Structure and Function | | 109 Bone Development & Homeostasis | | 71 Hip & Thigh | | 86 Mr. Carter session 2 | 110 BONE | | 94 Knee and Ankle | | |
| 9:30 | 9:30 a.m. | | | | | | | | | | | | |
| 10:00 | 10:00 a.m. | 74 Mr. Carter session 1 | | 115 Assessment Week - Discussion, Q & A | | 117 Introduction to Ethics | | | | | | | |
| 10:30 | 10:30 a.m. | | | | | | | | | | | | |
| 11:00 | 11:00 a.m. | | | | | | | | | D16 Half I to Half II (88) | | | |
| 11:30 | 11:30 a.m. | | | | | | | | | | | | |
| 12:00 | 12:00 p.m. | | | D14 Half I to Half II (82) | | D15 Half II to Half I (83) | | | | 110 BONE | | 89 Lower Limb 6 | |
| 12:30 | 12:30 p.m. | | | | | 83 Lower Limb 4 | | 88 Lower Limb 5 | | | | | |
| 13:00 | 1:00 p.m. | | | | | | | 86 Mr. Carter session 2 | | | | | |
| 13:30 | 1:30 p.m. | 82 Lower Limb 3 | | | | | | | | | | D17 Half II to Half I (89) | |
| 14:00 | 2:00 p.m. | | | 84 Knee, Ankle, Foot | | | | 84 Knee, Ankle, Foot | | | | | |
| 14:30 | 2:30 p.m. | 74 Mr. Carter session 1 | | | | | | | | | | | |
| 15:00 | 3:00 p.m. | | | | | | | | | | | | |
| 15:30 | 3:30 p.m. | | | 84 Knee, Ankle, Foot | | | | 84 Knee, Ankle, Foot | | | | | |
| 16:00 | 4:00 p.m. | | | | | | | | | | | | |
| 16:30 | 4:30 p.m. | | | | | | | | | | | | |
| Independent Learning | | | | 77c Money Matters 3 | | | | | | | | | |

Weekly Formative Assessments

| | | Half I | Half II | Half I | Half II | Half I | Half II | Half I | Half II | Half I | Half II | | |
|----------------------|------------|---|----------------------------|-----------------------------|---------|----------------------------|---------|--------------------------|---------|------------------------|---------|-------------------------|--|
| 2017 | | Monday September 25 | | Tuesday September 26 | | Wednesday September 27 | | Thursday September 28 | | Friday September 29 | | | |
| 9:00 | 9:00 a.m. | 33 The Neurological Exam | | 122 Neuromuscular Disease 1 | | 124 Neuromuscular Disease | | 99 Mr. Carter session 3 | | Study Day | | | |
| 9:30 | 9:30 a.m. | | | | | | | | | | | | |
| 10:00 | 10:00 a.m. | 126 The Social History | 42 The Neurologic -al Exam | 123 Neuromuscular Disease 2 | | | | | | | | | |
| 10:30 | 10:30 a.m. | | | | | | | | | | | | |
| 11:00 | 11:00 a.m. | | | | | | | | | | | | |
| 11:30 | 11:30 a.m. | | | | | | | 132 Patient Presentation | | | | | |
| 12:00 | 12:00 p.m. | SP1 1-on-1 Standardized Patient exercise. Selected students (TBD), 15 min each | | 95 Lower Limb 7 | | D18 Half I to Half II (95) | | | | | | | |
| 12:30 | 12:30 p.m. | | | | | | | | | | | | |
| 13:00 | 1:00 p.m. | | | | | 92 Lower Limb | | 92 Lower Limb | | | | 96 Lower Limb 8 | |
| 13:30 | 1:30 p.m. | | | | | | | | | | | 99 Mr. Carter session 3 | |
| 14:00 | 2:00 p.m. | | | | | | | | | | | | |
| 14:30 | 2:30 p.m. | 42 The Neurologic -al Exam | 126 The Social History | | | | | | | | | | |
| 15:00 | 3:00 p.m. | | | | | | | | | | | | |
| 15:30 | 3:30 p.m. | | | | | D19 Half II to Half I (96) | | | | | | | |
| 16:00 | 4:00 p.m. | | | | | 100 Review (OPTIONAL) | | | | | | | |
| 16:30 | 4:30 p.m. | | | | | | | | | | | | |
| Independent Learning | | | | | | | | | | | | | |

Weekly Formative Assessments

| | Half I | Half II | Half I | Half II | Half I | Half II | Half I | Half II | Half I | Half II |
|-----------------------------|-----------------------------|---------|---|----------------------------------|--|------------------------------|-------------------------------|---------|--------------------------------|---------|
| 2017 | Monday October 2 | | Tuesday October 3 | | Wednesday October 4 | | Thursday October 5 | | Friday October 6 | |
| 9:00 | 9:00 a.m. | | | | | | | | | |
| 9:30 | 9:30 a.m. | | | | | | | | | |
| 10:00 | E01 PC OSCE | | | | | | E04 MK Essay Exam | | E06 NBME MCQ Exam | |
| 10:30 | | | | | | | | | | |
| 11:00 | | | E02 Half I Gross Anatomy | E03 Half II Histology | | | | | | |
| 11:30 | | | 11:30 a.m. | | | | | | | |
| 12:00 | | | 12:00 p.m. | | | E05 PC Essay Exam | | | | |
| 12:30 | | | 12:30 p.m. | E03 Half I Histology | E02 Half II Gross Anatomy | | | | | |
| 13:00 | | | 1:00 p.m. | | | | | | | |
| 13:30 | 1:30 p.m. | | | | | | | | | |
| 14:00 | 2:00 p.m. | | | | | | | | E07 PC MCQ Exam | |
| 14:30 | 2:30 p.m. | | | | | | | | | |
| 15:00 | 3:00 p.m. | | | | | | | | | |
| 15:30 | 3:30 p.m. | | | | | | | | | |
| 16:00 | 4:00 p.m. | | | | | | | | | |
| 16:30 | 4:30 p.m. | | | | | | | | | |
| Independent Learning | | | | | | | | | | |