Academic Life Rafts
Where to go for information or assistance
Academic Life Rafts
Where to go for information or assistance

- Unit directors
- Faculty members
- Small group preceptors
- Office of Student Affairs
- Student Counseling
- Office of Academic Development
• Note: rumors are rampant (especially from upper class students)—each class & each year is different

• Student Handbook - everything you need to know....and then more
  • Absences from exams, time off policies

• Student newsletter (monthly)

• Glass bulletin board
  (outside the Office of the Registrar)
Academic Life Rafts
Information—continued

• Class meetings—6–8 mtg dates during the year on the class schedule calendar (Mon. Sept. 24) (tentative)

• Email—you are required to check the school email account at least once a week
  - Email etiquette - what if the email winds up on the front page of the NY Times?
  - COM listserv= students only (no faculty)
  - Foundations1 listserv= students+faculty+staff
Academic Life Rafts
Where to find information

- Website: Student Life & Services
  - http://www.downstate.edu & click on Student Life and Services
  - Bursar
  - Financial Aid
  - Registrar (FAQ’s, requirements, graduation, registration, electives)
  - Residential Life
Academic Life Rafts
Where to find information — continued

- Website: Student Life & Services (continued)
  - Student Affairs—residency information, where to get letters, general help
  - Student Center—outside of the classroom
  - Student Counseling—relaxation & confidential advice
- Student Health
- Student Organizations
Where to Find Information (continued)

• Student Life & Services, Student Affairs, Residency Career Information
  • http://www.downstate.edu/college_of_medicine/care.html

• Careers in Medicine
• Roadmap to Residency
• National Residency Match Statistics and reports
Where to Find Information (continued)

- Student Life & Services, Student Affairs, Residency Career Information
  - http://sls.downstate.edu/student_affairs/residency/placement.html
  - Residency Placement Lists (17 years)

- In the last two years, approximately 39% & 34% of the class went to residency programs outside of New York State
Who Does What?

- **Academic Administration**
  - Pamela Sass, M.D. — Senior Associate Dean for Academic Affairs
    - overall curriculum structure
    - how the curriculum is working day-to-day
    - Specific comments about a block, exam questions, or handouts should first be discussed with the block director

- **Ian Taylor, M.D., Ph.D. — Dean, College of Medicine**
Research

- Research — Dr. Frank Barone, Student Research Advisor
- Monthly Newsletter – Lists Research Opportunities Available
Who Does What

- Office of Student Affairs
  - Jeffrey S. Putman, Ed.D., VP for Student Affairs & Dean of Students
    jeffrey.putman@downstate.edu
  - Sophie Christoforou, M.S.Ed., Associate Dean of Student Affairs
    sophie.christoforou@downstate.edu
  - Helen Poncet, Student Affairs Associate
  - Lynnette Quintero
Who Does What
Student Affairs — continued

• What is Student Affairs?
  • general help and information center
  • academic advisement
  • personal concerns/problems, illness, and issues related to exams (see Student Handbook)
    • You do not have to suffer in silence. Ask for help
  • any prolonged absence from classes
  • jury duty
• Jury Duty – VERY IMPORTANT

• You can obtain a letter from the Office of Student Affairs which requests a State or Federal court to postpone your dates of jury service, although we have no guarantee that the court will accept the request. To request a postponement, you should bring the original copy of your summons to the Office of Student Affairs as soon as you receive it, but no later than one week prior to the date it calls you to serve. The court’s final decision prevails and the court may require you to serve or give them an alternate date to serve, such as during your vacation period. Being a student, in and of itself, does not necessarily excuse you from jury service.

• Under no circumstances should you ignore a summons to serve and we will not be able to provide you a postponement letter after your date of service has passed, if you have previously ignored a summons, or if your summons states "Must Serve."
Who Does What
Student Affairs — continued

• Jury Duty – Continued

• Please note: When requesting your postponement, you should be sure to provide the court with a request for postponement from The Office of Student Affairs. Not providing the letter from the Office of Student Affairs may result in your being requiring to serve later without the possibility of postponement.

• If you have any questions, please contact the Office of Student Affairs.
What is Student Affairs? (Continued)

- leaves of absence
- residency and elective information
- letters of recommendation for educational programs/scholarships
- complaints/grievances
- anything that doesn’t seem to fit anywhere else
Office of the Registrar

- academic file
- certification of student status
- grade reports/grades
- Transcripts
- name or address change — current address and telephone number required always
- state residency form (for tuition billing)
Maximize your education

- exercise personal initiative — take responsibility for yourself — ask questions!
- attend classes and arrive on time (but if you do arrive late to lecture…)
- use good time management skills (if you don’t have them, go to Academic Development)
- be considerate to your instructors or fellow classmates (turn off cell phones or other noise makers in class)
- use common sense
- There is nothing wrong with asking for help
What we expect from you

- mutual respect & understanding of your classmates, faculty, staff & patients
- sensitivity to others who are different from you, values which are different from yours, other cultures — we are a secular institution
- ethical behavior in the clinical setting and the classroom — report any incidents of abuse
  - See Academic Integrity Policies in the Student Handbook. Make certain that you know what plagiarism is and how to do a citation. The faculty do have the option of using Turn-it-in software
What we expect from you (continued)

- Health & wellness — practice it in your daily life
- Community Service / Service Learning — caring for others is helping others
- Professional identity — what it means to be a physician — it is not just a job
  - Review the definitions of professionalism & understand how they apply
Downstate Medical Center
The other components

- University Hospital of Brooklyn (UHB) – includes University Hospital of Brooklyn (Central Brooklyn), and SUNY Downstate University Hospital of Brooklyn Urgent Care Center/Bay Ridge
- School of Graduate Studies — Ph.D. including MD/Ph.D.
- College of Health Related Professions — upper division and masters programs in health professions — DMI, PT, OT, PA, Midwifery, Medical Informatics
- College of Nursing — undergraduate (RN/BS), Accelerated BS Nursing, graduate programs for nurse practitioners, clinical nurse specialists, nurse anesthetists, nurse midwives
- School of Public Health including a MD/MPH
Q1. How long does it take you to arrive on campus from where you live?

a. Less than 20 minutes
b. One hour
c. Two hours
Q2. In undergraduate college, how many of you were:

a. Science major
b. Non-science major
Q3. How many of you have had a course in

a. Genetics
b. Biochemistry
c. Biostatistics or Statistics
d. None of the above
Q4. Are you starting medical school

a. Directly following college

b. I have worked 1–2 years before coming to medical school

c. I have worked for more than 2 years before coming to medical school

d. I went to graduate school after college and now I’m starting medical school
Q5. I will be the first person in my family to be a doctor

a. Yes

b. No
Q6. After age 17, I lived for 4 months or more in another country outside of the USA

a. No
b. Yes, in Europe or Canada
c. Yes, in Central America or South America
d. Yes, in Southeast Asia or Asia
e. Yes, in a place not listed above
Q7. How would you prefer the medical school communicate (share information) with you?

a. By email
b. PRIME — courseware discussion board
c. Facebook
d. Blog or Twitter
e. Other
Q8. Residency specialty after medical school

a. I have definitely selected a specialty
b. I have 2–3 fields I am considering
c. I am totally undecided
d. I don’t want to think about this now
Statistics for the Entering Class of 2017

- Class Size: 188 new students
- Gender:
  - female: 78 (41%)
  - male: 110 (59%)
Statistics for the Entering Class of 2017

- State Residency
  - New York State: 150 (80%)
  - Out of State: 38 (20%)

- New York State
  - New York City: 81 (43%): Brooklyn (32), Queens (27), Manhattan (13), Staten Island (7), The Bronx (2)
  - Long Island: 34 (18%): Nassau (25), Suffolk (9)
  - Westchester: 9 (5%), Rockland: 5 (3%), Dutchess: 4 (2%), Albany: 4 (2%)
Statistics for the Entering Class of 2017

- State Residency
  - New York State: 150 (80%)
  - Out of State: 38 (20%)

- Other States
### Statistics for the Entering Class of 2017

<table>
<thead>
<tr>
<th>Year</th>
<th>Age Range</th>
<th>Mean Age</th>
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<tbody>
<tr>
<td>2002</td>
<td>21–41</td>
<td>24.8</td>
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<tr>
<td>2003</td>
<td>20–37</td>
<td>23</td>
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<tr>
<td>2004</td>
<td>21–39</td>
<td>23.42</td>
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<tr>
<td>2005</td>
<td>20–46</td>
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<td>2013</td>
<td>21-35</td>
<td>23.29</td>
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</tbody>
</table>
Statistics for the Entering Class of 2017

- Undergraduate Colleges Represented in the Class: 69

- Top Feeder Institutions
  - CUNY Brooklyn College* 19 (10.1%)
  - Cornell University 18 (9.6%)
  - New York University 14 (7.4%)
  - SUNY Stony Brook 12 (6.4%)
  - University of California system 11 (5.9%)
    - Includes: (Irvine (1), Berkeley (4), Davis (1), UCLA (2), Riverside (1), San Diego (2))
  - Columbia University 7 (3.7%)
  - CUNY Hunter College 7 (3.7%)

* Includes students from BA/MD program
Statistics for the Entering Class of 2017
Some Other Colleges

- State University of New York (26): including SUNY Binghamton (6), SUNY Albany (3), SUNY Geneseo (3)
- City University of New York (30): including CUNY City College (3) and CUNY Queens College (1)
- Duke University (4)
- Boston College (4)
- Touro College (3)
- Johns Hopkins (3)
- Dartmouth (3)
Statistics for the Entering Class of 2017

<table>
<thead>
<tr>
<th>MCAT</th>
<th>mean</th>
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<tbody>
<tr>
<td>Verbal</td>
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<tr>
<td>Physical Sciences</td>
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<tr>
<td>Biological Sciences</td>
<td>11.21</td>
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Statistics for the Entering Class of 2017

<table>
<thead>
<tr>
<th>Grade Point Average</th>
<th>mean</th>
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</thead>
<tbody>
<tr>
<td>BCPM (science GPA)</td>
<td>3.64</td>
</tr>
<tr>
<td>Cumulative Average</td>
<td>3.69</td>
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</table>
Student Life & Services

sls.downstate.edu

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Questions?
Thank You!