Community for Children: At the Border and Beyond

Community for Children: At the Border and Beyond is a signature program of the UTHSCSA Regional Academic Health Center (RAHC) in Texas' Lower Rio Grande Valley. It is designed to prepare future physicians to provide compassionate, effective leadership within community collaborations. Application is open to upper level medical students and residents. There are no tuition fees.

During this 4-week elective, participants explore the sources of health, disease and healing and examine models of health delivery on the border. They study with international public health experts, physicians, community leaders and activists, promotoras (community health workers), migrant refugee health experts, and families. The CIC curriculum is addressed through didactics, community outreach, advocacy projects, tailored Spanish-language classes, guided reflection and individualized professional development counseling. CIC faculty mentor participants during the rotation and beyond, providing tools and support for professional development.

Partners include UTHSCSA/RAHC and Department of Pediatrics, UTHSC Houston School of Public Health–Brownsville, Brownsville Community Health Center, Harlingen Pediatrics Associates, Hospital Infantil de Tamaulipas and Centro de Salud/Ciudad Victoria, Tamaulipas, Mexico, and other community-based organizations in the Lower Rio Grande Valley.

Housing is provided at no cost to UTHSCSA students and is $600 for visiting students for the month. For more details about the elective and applying, please visit our web site at http://www.communityforchildren.org.

4-WEEK ELECTIVE CURRICULUM

1. Rights of the Child
   - Workshops based on the UN Convention on the Rights of the Child
   - Meetings with attorneys and judges working in children's rights
   - Interviews with child detainees and officials at U.S. federal detention centers

2. Social Determinants of Disease and Health
   - Lectures on social determinants from an international public health perspective
   - Meetings with migrant clinicians and promotoras

3. Clinical Care in Resource-poor Regions
   - Resource material and didactics on the challenges of providing ICU services when there is no ICU; a review of infectious and chronic diseases associated with poverty
   - Meetings with healers not schooled in allopathic Western medicine to discuss alternative health beliefs and practices

4. The Impact of Poverty, Immigration and Violence
   - Home visits with faculty and lay health educators
   - Examination of questions of poverty through interaction with faculty, families, community leaders, organizations and literature review
   - Reflective essays on observations and experiences

5. Preparing for Advocacy
   - Community-based advocacy project
   - Meetings with community activists and advocates

6. Cultural Competency
   - Review of current literature
   - Daily opportunities to encounter people whose language, values, affect, economics, religion, norms and politics are personally foreign to participants.
   - Individualized Spanish classes

7. Fostering a Culture of Compassion
   - Guided reflection to explore how medical training supports or undermines compassion for self and others
   - Reflection on the meaning, causes and repercussions of poverty and our own emotional responses to the poor among us

8. Professional Development
   - Correspondence prior to attendance to encourage reflection on personal values, affiliations, and the "heart" in medicine
   - Private time for reflection on personal meaning, call to action, sense of direction
   - Individualized professional development counseling
   - Post-elective mentoring

Facilities
- Classes are held at the RAHC and UTHSC Houston School of Public Health, Brownsville.
- Experiential learning is through:
  - Community-based field work
  - Brownsville Community Health Center, Harlingen Pediatrics Associates and other clinics in LRGV
  - Home visits

Other Benefits
- Housing near the academic campus
- Individualized professional development counseling
- Tailored Spanish lessons
- Easy access to South Padre Island National Seashore

Block Rotation Schedule:
- October 22 - November 16, 2012
- February 4 - March 1, 2013
- May 28 - June 21, 2013

Apply ➤ Please email:
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