**ALPHA OMEGA ALPHA SUMMARY OF PROGRAMS—2012/2013**

With the exception of the Distinguished Teacher Award, programs are available only to active chapters and associations. For more information, contact the national office at (650) 329-0291 or info@alphaomegaalpha.org. Details of all programs are available on our website: http://alphaomegaalpha.org/programs.html.

<table>
<thead>
<tr>
<th>Program</th>
<th>Eligibility</th>
<th>Other details</th>
<th>Deadline(s)</th>
<th>Contact</th>
</tr>
</thead>
<tbody>
<tr>
<td>Administrative Recognition Award</td>
<td>Administrative support for AΩA activities in a chapter or association</td>
<td>Chapter councilor or association chair selects honoree. One per school per requirements listed.</td>
<td>None</td>
<td>Candice Cutler <a href="mailto:candice@alphaomegaalpha.org">candice@alphaomegaalpha.org</a></td>
</tr>
<tr>
<td>Carolyn L. Kuckein Student Research Fellowships</td>
<td>Any student in a school may submit an application. One per school.</td>
<td>One application per year selected by the chapter councilor or association chair.</td>
<td>December 31 to January 31 to AΩA</td>
<td>Debbie Lancaster <a href="mailto:debbie@alphaomegaalpha.org">debbie@alphaomegaalpha.org</a></td>
</tr>
<tr>
<td>Edward D. Harris Professionalism Award</td>
<td>This award is being refocused. Announcements will be sent early in 2013.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Helen H. Glaser Student Essay Awards</td>
<td>Any student in a school may submit an entry. No limit.</td>
<td>Submit entries directly to national office:</td>
<td>January 31</td>
<td>Jane Kimball <a href="mailto:jane@alphaomegaalpha.org">jane@alphaomegaalpha.org</a></td>
</tr>
<tr>
<td>Medical Student Service Leadership Project Awards</td>
<td>Any team of students meeting the requirements may submit an application to the chapter councilor or association chair. AΩA members serving as team leaders will be given priority. An AΩA faculty mentor is required.</td>
<td>One application per year selected by the chapter councilor or association chair.</td>
<td>December 31 to January 31 to AΩA</td>
<td>Candice Cutler <a href="mailto:candice@alphaomegaalpha.org">candice@alphaomegaalpha.org</a></td>
</tr>
<tr>
<td>Pharos Poetry Competition</td>
<td>Any student in a school may submit an entry. No limit.</td>
<td>Submit entries directly to national office:</td>
<td>November 30</td>
<td>Jane Kimball <a href="mailto:jane@alphaomegaalpha.org">jane@alphaomegaalpha.org</a></td>
</tr>
<tr>
<td>Postgraduate Award</td>
<td>AΩA resident or fellow at an institution affiliated with a school that has an active chapter or association</td>
<td>One application per year selected by the chapter councilor or association chair.</td>
<td>April 30 to May 31 to AΩA</td>
<td>Debbie Lancaster <a href="mailto:debbie@alphaomegaalpha.org">debbie@alphaomegaalpha.org</a></td>
</tr>
<tr>
<td>Robert J. Glaser Distinguished Teacher Award</td>
<td>Any faculty at an LCME accredited school. One per school.</td>
<td>Each accredited school in the United States and Canada may nominate one faculty member. Application by the dean.</td>
<td>Set by AAMC (about May 30)</td>
<td>Geoffrey Young, MD, AAMC, <a href="mailto:gyoung@aamc.org">gyoung@aamc.org</a></td>
</tr>
<tr>
<td>Visiting Professorships</td>
<td>One visiting professorship per school year</td>
<td></td>
<td>None</td>
<td>Candice Cutler <a href="mailto:candice@alphaomegaalpha.org">candice@alphaomegaalpha.org</a></td>
</tr>
<tr>
<td>Volunteer Clinical Faculty Award</td>
<td>Any clinical student in the school may nominate a volunteer clinical faculty member. One per school.</td>
<td>One recipient per year selected by the chapter or association.</td>
<td>Councilor sets the deadline</td>
<td>Candice Cutler <a href="mailto:candice@alphaomegaalpha.org">candice@alphaomegaalpha.org</a></td>
</tr>
</tbody>
</table>
2013 Volunteer Clinical Faculty Award

Volunteer clinical faculty members are often inadequately appreciated and rarely recognized. Alpha Omega Alpha’s Volunteer Clinical Faculty Award is presented annually to recognize a community physician who contributes with distinction to the education and training of clinical students.

The national office of AΩA provides a permanent plaque for the Dean’s office; a plate with the name of each year’s awardee may be added each spring. The awardee receives a framed certificate from Alpha Omega Alpha and an engraved AΩA key ring. Recipients of the award are eligible to receive it only once. Nominees need not be members of AΩA, nor does the award confer AΩA membership. Only one recipient per school per academic year.

Nominations for the Volunteer Clinical Faculty Award may be made by all clinical students, with the recipient chosen by student members of the AΩA chapter. The AΩA councilor at each school is responsible for implementation of the process for nomination and election.

Please notify the national office as soon as election is made. Allow at least three weeks to receive the plaque and certificate (four weeks if nominated after March 15).

Clinical Students: Please nominate a community physician, not on the full-time or part-time faculty, who effectively and generously donates his or her time, skill, and experience to teach you clinical skills.

Send your nominations to: ________________________________

(Chapter Designee)

Before: ________________________________

(Date as designated by the chapter)

AΩA Councilors: Make VCF submissions using the link below:
http://www.alphaomegalpha.org/submit_vcf.php
2013 Visiting Professorships

**Eligibility:** Any medical school with an active ΑΩΑ chapter may host one visiting professorship during each academic year, funded by the national office.

**Requirements for the visit**
- The visiting professor shall contribute *one full day or more* of teaching and interacting with students, residents, and faculty.
- The event shall be titled the “ΑΩΑ Visiting Professorship” and this title shall be included on posters, announcements, and press releases.
- The ΑΩΑ chapter must submit a one-page summary of the visit and activities to the national office within 30 days of the visit for auditing purposes.

**Required activities**
- Clinical rounds, research discussions, teaching conferences or seminars
- One or more sessions on leadership and/or medical professionalism

**Recommended activities**
- Departmental Grand Rounds
- Present a major address to the medical school community or attend and present at the annual ΑΩΑ nomination banquet.

**Organization and arrangements**
The ΑΩΑ councilor, in consultation with the chapter’s student members and other members of the faculty, will select the visiting professor. At least six weeks before the visit, the councilor must provide the following information using the online form:
- Dates of the visit
- Visiting professor’s name and title, affiliation, full address, phone and e-mail address, and assistant’s contact information
- Proposed schedule
- Online form: [http://alphaomegaalpha.org/professor_visit_1.php](http://alphaomegaalpha.org/professor_visit_1.php)

**Funds provided by the national office cover**
1. Actual coach airfare and/or coach ground transportation
2. Standard hotel room for one or two nights
3. Meals, exclusive of official functions planned and funded by the chapter or school
4. Honorarium of $1500 paid at time of expense reimbursement. The visiting professor may donate the honorarium to the hosting chapter.

Expenses expected to exceed the usual for items 1, 2, and 3 must be approved by the national office before the visit.

Expense reimbursement requests must be submitted by the visiting professor on the Visiting Professorship Expense form (see [www.alphaomegaalpha.org/visiting_professors.html](http://www.alphaomegaalpha.org/visiting_professors.html) to download). Funds will be paid directly to the professor, the professor’s university/affiliation, and/or to the hosting chapter.
2013 Carolyn L. Kuckein Student Research Fellowships

The opportunity: Research support for a continual period of a minimum of 8 to 10 weeks, 30 hours or more per week, or an average of 4 hours per week for 12 months over 1 to 2 years, for clinical investigation, basic laboratory research, epidemiology, social science/health services research, leadership, or professionalism. Funds from the fellowship are expected to be the major source of support for the student. Only one candidate from each school may be nominated. The name of the fellowship program honors Carolyn L. Kuckein, long-time administrator of AΩA and an honorary member of the society, who died in 2004.

The awards: $5000, one-half paid on announcement of the award, and one-half on approval by AΩA of a final report of the research. Up to $1000 will be reimbursed for travel to present research results at a national meeting.

Eligibility: First-, second-, and third-year students from schools with active AΩA chapters or associations are eligible. PhDs and candidates for PhD or MD/PhD are not eligible.

Dates for application:
1. Proposals must be submitted to the councilor before December 31, 2012.
2. The final application to the national office must be received no later than January 31, 2013.

Application to the councilor:
The councilor and his or her selection committee will choose the proposal judged to be the most promising and with a high probability of completion during the next year.
1. A three-page summary of the research project written by the applicant in 12-point type with 1-inch margins, as follows: title, hypothesis, rationale, background information, methods and sample size, plan for data analysis, and potential significance. Details of the role of the student in preparation and execution of the project must be provided, along with an estimate of the number of weeks that the student will devote to the project.
2. The student’s curriculum vitae and bibliography, current address, telephone number, e-mail, school and year of graduation.
3. A letter of support from the faculty supervisor that indicates his or her commitment of time and interest to the project and student.

4. The mentor’s biographical sketch (3-4 pages). Do not send the mentor’s complete CV.
5. Completed application form with checklists.

Application to the national office:
The proposal selected by the councilor’s selection committee must be sent to the national office, and must include, in addition to the items included in the submission to the councilor:
1. A letter of endorsement from the AΩA councilor.
2. A dean’s endorsement that should comment upon the student’s achievements and potential and the suitability of the faculty sponsor for mentoring.

All materials must be submitted in triplicate. All supporting letters MUST accompany the original submission; incomplete applications will be rejected.
Mail the original and two copies of the application to:
Research Fellowship Selection Committee
Alpha Omega Alpha
525 Middlefield Road, Suite 130
Menlo Park, California 94025

The review process: A committee of physician scientists and AΩA’s Board of Directors will evaluate each proposal. Additional information or clarification may be requested.

Date of award announcement: On or about April 15, 2013.

Other important information:
1. Approval of clinical or animal projects by the local medical center IRB or IACUC will be necessary before funding is approved.
2. No later than June 30, 2014, the student must submit a report of the research to the Menlo Park office, detailing methods, results and discussion, and an abstract of fewer than 300 words that may be published on the AΩA website if not already published. Any publication of the AΩA-supported research project must contain the following acknowledgment: Supported in part by an Alpha Omega Alpha Carolyn L. Kuckein Student Research Fellowship.

More information: Contact Debbie Lancaster at (650) 329-0291 or d.lancaster@alphaomegalpha.org.
This notice and checklist may be found on AΩA’s website: alphaomegalpha.org/student_research.html.
# 2013 Carolyn L. Kuckein Student Research Fellowships

<table>
<thead>
<tr>
<th>Mr/Ms/Mrs:</th>
<th>First name:</th>
<th>Last name:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Address:</td>
<td>Telephone:</td>
<td></td>
</tr>
<tr>
<td>E-mail:</td>
<td>Year of graduation:</td>
<td></td>
</tr>
<tr>
<td>Title of proposal:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>School:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Councilor name(s):</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mentor name(s):</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mentor address</td>
<td>E-mail:</td>
<td></td>
</tr>
<tr>
<td>Dean’s name:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Dean address</td>
<td>E-mail:</td>
<td></td>
</tr>
<tr>
<td><strong>Permanent</strong> address (e.g., parents):</td>
<td><strong>Permanent</strong> phone:</td>
<td></td>
</tr>
</tbody>
</table>

## CHECKLIST FOR SUBMISSION TO AΩA COUNCILOR (by December 31, 2012):

<table>
<thead>
<tr>
<th>Item</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Title</td>
<td>Method and sample size</td>
</tr>
<tr>
<td>Hypothesis</td>
<td>Plan for data analysis</td>
</tr>
<tr>
<td>Rationale</td>
<td>Potential significance</td>
</tr>
<tr>
<td>Background information</td>
<td>Estimate of time student will devote to project</td>
</tr>
<tr>
<td>IRB or IACUC approval for clinical or animal research. If approval is pending, submit proof of application.</td>
<td></td>
</tr>
<tr>
<td>Your curriculum vitae and bibliography for proposed project</td>
<td></td>
</tr>
<tr>
<td>Letter of support from faculty supervisor, indicating his or her anticipated degree of involvement and plans for supervision of the research</td>
<td></td>
</tr>
<tr>
<td>Your mentor’s biographical sketch</td>
<td></td>
</tr>
</tbody>
</table>

## CHECKLIST FOR SUBMISSION TO NATIONAL OFFICE (by January 31, 2013):

<table>
<thead>
<tr>
<th>Item</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Letter of endorsement from AΩA councilor</td>
<td></td>
</tr>
<tr>
<td>Letter of endorsement from the dean, including comments about suitability of faculty advisor</td>
<td></td>
</tr>
</tbody>
</table>

## MAIL TO:
Alpha Omega Alpha Student Research Fellowship  
525 Middlefield Road, Suite 130  
Menlo Park, CA 94025

## QUESTIONS:
Debbie Lancaster (650) 329-0291 or debbie@alphaomegaalpha.org  
alphaomegaalpha.org/student_research.html.
The opportunity: Support to allow AΩA residents or fellows to pursue a project in the spirit of the AΩA mission statement. Projects must fall into one of five categories:

1. Research: Support for clinical investigation, basic laboratory research, epidemiology, or social science/health services research.
2. Service: Local or international service work, focusing on underprivileged or immigrant populations or those in the developing world, as well as patient and population education projects.
3. Teaching and education: Research, development, or implementation of education academic curricula, with the focus on postgraduate education.
4. Leadership: Leadership development.
5. Humanism and professionalism: Projects designed to encourage understanding, development, and retention of traits of humanism and professionalism among physicians, directed to physicians in postgraduate training.

The awards: Up to ten awards of $2000, one-half paid on announcement of the award and one-half on approval of the final report. Schools, departments, and/or programs are encouraged to provide additional or matching funds.

Eligibility: Medical residents and fellows from programs at institutions with an active AΩA chapter or association. Applicants must be AΩA members and must be nominated by their residency or fellowship program directors. Only one application from each program may be sent to the chapter councilor, who will then select one application from the chapter.

Dates for application:
1. Proposals must be submitted to the councilor before April 30, 2013.
2. The final application to the national office must be received no later than May 31, 2013.

Application to the councilor:
The councilor and his or her selection committee will choose the proposal judged to be the most promising and with a high probability of completion during the next year. Preliminary screening of applications may be done by the councilor with the aid of AΩA chapter members. Applications should include:

1. A letter of nomination from the applicant's residency or fellowship program director, including a commitment to allow the applicant time to complete the proposed project.
2. A summary of the project written by the applicant. Requirements are listed on the checklist sheet attached.

3. The applicant's CV, bibliography, and other personal and contact information as listed on the checklist sheet attached.
4. A letter of support from the applicant's mentor (if applicable), indicating his or her commitment of time and interest to the project and applicant.
5. The mentor's NIH biosketch (if applicable).
6. An endorsement of the applicant's department chair, which should comment on the applicant's achievements and potential, and the suitability of the faculty sponsor for mentoring (if applicable).

Application to the national office:
The proposal selected by the councilor's selection committee must be sent to the national office, and must include, in addition to the items included in the submission to the councilor, a letter of endorsement from the AΩA councilor.

All materials must be submitted in triplicate. All supporting letters MUST accompany the original submission; incomplete applications will not be accepted.

Mail the original and two copies of the application to:
Postgraduate Award Selection Committee
Alpha Omega Alpha
525 Middletown Road, Suite 130
Menlo Park, California 94025

The review process: An AΩA committee will evaluate each proposal. Additional information or clarification may be requested.

Date of award announcement: On or about August 15, 2013.

Other important information:
1. Approval of clinical or animal projects by the local medical center IRB or IACUC will be necessary before funding is approved.
2. If the award is to be paid to the applicant, a W-9 will be required before a check can be issued.
3. No later than September 30, 2014, the recipient must submit a report of the project to the Menlo Park Office. Award recipients are also encouraged to keep a journal or blog (including photos or video, if applicable), particularly for service-related projects, which may be linked to the AΩA web site. Any publication of the project findings must contain the following acknowledgment: Supported in part by an Alpha Omega Alpha Postgraduate Awards.

More information: Contact Debbie Lancaster at (650) 329-0291 or debbie@alpheomegaalpha.org.

This notice and checklist may be found on AΩA's web site: www.alphaomegaalpha.org/postgrad_award.html
# 2013 Alpha Omega Alpha Postgraduate Award

<table>
<thead>
<tr>
<th>First name</th>
<th>Last name:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Address:</td>
<td></td>
</tr>
<tr>
<td>E-mail:</td>
<td></td>
</tr>
<tr>
<td>AΩA year of induction, school:</td>
<td></td>
</tr>
<tr>
<td>Title of your proposal:</td>
<td></td>
</tr>
<tr>
<td>Project category:</td>
<td></td>
</tr>
<tr>
<td>School/Hospital:</td>
<td></td>
</tr>
<tr>
<td>Councilor name(s):</td>
<td></td>
</tr>
<tr>
<td>Mentor name(s), if applicable:</td>
<td>E-mail:</td>
</tr>
<tr>
<td>Mentor address:</td>
<td></td>
</tr>
<tr>
<td>Program director name:</td>
<td>E-mail:</td>
</tr>
<tr>
<td>Program director address:</td>
<td></td>
</tr>
<tr>
<td>Department chair name:</td>
<td>E-mail:</td>
</tr>
<tr>
<td>Department chair address:</td>
<td></td>
</tr>
</tbody>
</table>

**CHECKLIST FOR SUBMISSION TO AΩA COUNCILOR (by April 30, 2013):**

- Summary of project proposal (12 point or larger type, three pages maximum), including:
  - Title
  - Background information
  - Project description and applicant goals
  - Potential significance
  - Proposed budget, if applicable
  - Estimated time commitment
- CV and bibliography for proposed project
- IRB or IACUC approval, if applicable. If approval is pending, submit proof of application.
- Letter of nomination from residency or fellowship program director, including a commitment to allow time to complete the project
- Letter of endorsement from department chair
- Letter of support from mentor, if applicable
- Mentor CV, if applicable

**CHECKLIST FOR SUBMISSION TO NATIONAL OFFICE (by May 31, 2013):**

- Letter of endorsement from AΩA councilor

**MAIL TO:**

Alpha Omega Alpha Student Research Fellowship  
525 Middlefield Road, Suite 130  
Menlo Park, CA 94025

**QUESTIONS:**  
Debbie Lancaster (650) 329-0291 or d.lancaster@alpoamegaalpha.org  
www.alpoamegaalpha.org/postgrad_award.html
2013 Administrative Recognition Award

**Purpose:** To recognize the invaluable work performed by chapter administrative personnel to keep the chapter running smoothly. These individuals are typically responsible for keeping membership and financial records, making arrangements for visiting professorships, and for the annual banquet.

**Eligibility:** A staff member who provides administrative support for a chapter.

**The award:** A framed certificate of recognition from Alpha Omega Alpha and $100 (for at least three years of service) or $250 (for at least 10 years of service). A recipient of this award may receive another award of this kind after three subsequent years of service.

**Dates:** Any time.

**Requirements:** Nomination from the chapter councilor noting the range of activities and length of service of the nominee in the form below. Allow at least three weeks to receive the certificate and check (four weeks if nominated after March 15). If expedited shipping time is needed, provide a Federal Express account number.

**How to:** The Chapter Councilor must submit the nomination using the online form at alphaomegaalpha.org/administrative_recognition.html.

**Send questions to:** Candice Cutler at candice@alphaomegaalpha.org or call (650) 329-0291
2013 Medical Student Service Leadership Project Award

Alpha Omega Alpha is committed to preparing future leaders in medicine and health care. Leadership is about making a positive difference. Leadership is learned through education, observation, and experience, and working with leader mentors. Service learning may provide an excellent opportunity for students to develop as servant leaders. The most effective leaders are well grounded in and committed to positive professional values.

Purpose: To support leadership development for medical students through mentoring, observation, and service learning.

Amount of Award: $5000 for the first year, $3000 for the second year, $1000 for the third year

Eligibility:
- A team of students at a school with an AΩA chapter or association. AΩA members serving as team leaders will be given priority.
- Proposals with matching institutional or dean’s funds will be given priority.
- Only one proposal may be submitted for each institution for each three years of funding. Applications must be for new projects with the potential to generate future support from the medical school or other sources, not supplemental funding for existing programs. A new component of an existing program may be eligible.

Requirements:
- AΩA faculty mentor(s) and team of students with designated leaders
- Regular team meetings with the mentor related to leadership, service, and reflection
- A service learning project for an underserved population, e.g., the indigent, immigrants, homeless, etc., or a service project related to professionalism in the school, hospital, or clinics
- A description about how the program, mentor, and service learning experience will teach leadership
- Submission of an annual progress report for each year and a final report to the AΩA national office upon completion of the third year.
- Funding for the second and third years is contingent on acceptance of the report for the previous year's work.

Dates for application:
12/31/2012 Application to the AΩA councilor
1/31/2013 Application from the AΩA councilor to the AΩA national office

2/28/2013 AΩA national office announces awards
2/28/2014 First-year progress report to the national office, including budget
2/28/2015 Second-year progress report (+ budget)
2/28/2016 Third-year progress report (+ budget)

Application to the councilor:
The councilor and his or her selection committee will choose the proposal judged to be the most promising and with a high probability of first year completion during the subsequent year:
- A three-page description of the project with a detailed budget written by the applicant. Details of the role of the students in project preparation and execution must be provided.
- Description of the team and team leaders and leadership components
- Description of AΩA chapter role in project (if applicable)
- Description of the role of the faculty mentor(s)/advisor(s) and leadership curriculum for the students
- A letter of support from the faculty mentor(s) that indicates the mentor's commitment of time and interest to the project, the student, and leadership development
- Faculty mentor biosketch(es) (3-4 pages)
- Completed application form with checklist (attached)

Application to the national office:
The proposal selected by the councilor’s selection committee must be sent to the national office, and must include, in addition to the items included in the submission to the councilor:
- A letter of endorsement from the AΩA councilor
- A dean’s endorsement that should comment on the student’s achievements and potential and the suitability of the faculty sponsor for mentoring.
- Optional: Commitment of matching funds by the dean or school. (Enhances competitiveness of project.)

Two hard copies must arrive at the national office no later than January 31, 2013. E-mail submissions will not be accepted. Incomplete applications will be rejected.

Other important information:
The award will be paid to the sponsoring institution. Complete payee information will be required.

More information: Contact Candice Cutler at 650 329-0291 or candice@alphaomegalpha.org.
2013 Alpha Omega Alpha
Medical Student Service Leadership Project Award

<table>
<thead>
<tr>
<th>Title of Project:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Correspondence address:</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Councilor name(s)</th>
<th>Name</th>
<th>E-mail</th>
<th>Address</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dean</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Student leader</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Member</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Member</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Member</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mentor leader</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mentor</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Add more rows as needed. Include all members and mentors</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

CHECKLIST FOR SUBMISSION TO AΩA COUNCILOR (by December 31, 2012):

- Three-page summary of proposal with budget in 12-point type or larger, 1-inch margins, pages numbered
- Description of team and team leaders
- Description of the role of the faculty mentor(s)/advisor(s) and leadership curriculum for the students
- Letter(s) of support from faculty mentor(s), indicating anticipated degree of involvement and plans for supervision of the project
- Mentor biographical sketch(es), 3-4 pages (not CVs)
- Completed checklist

CHECKLIST FOR SUBMISSION TO NATIONAL OFFICE (by January 31, 2013)

- Letter of endorsement from AΩA councillor
- Letter of endorsement from the dean, including comments about suitability of faculty mentor(s)
- Optional: Commitment of matching funds by the dean or school

MAIL TO: Alpha Omega Alpha
Medical Student Service Leadership Projects Award
525 Middlefield Road, Suite 130
Menlo Park, CA 94025

QUESTIONS: Candice Cutler (650) 329-0291 or candice@alphaomegaalpha.org

WEB SITE: http://alphaomegaalpha.org/student_service.html
2013 Helen H. Glaser Student Essay Competition

**Purpose:** To encourage medical students to write creative narratives or scholarly essays relevant to medicine.

**Prizes:** $2000 first, $750 second, $500 third, and honorable mention awards of $250 each. Prizes will be paid after the receipt of required documentation (see Requirements for winning essays, below).

**Eligibility:** Authors must be enrolled at medical schools with active AΩA chapters or associations (Class of 2013 or later), but need not be members of AΩA. Only one entry may be submitted by each student.

**Dates:** Entries must be sent by online form or e-mail (jane@alphanomegaalpha.org) no later than January 31, 2013. Winners will be announced about May 1, 2013.

**Requirements for the essays:**

1. Essays must be written while the student is in medical school, must be the work of a single author, and must represent original work.
2. The essay may be on any nontechnical subject related to medicine. Well-referenced, scholarly essays will be given preference.
3. The essay must not exceed 15 double-spaced pages of 12-point type with minimum 1-inch margins, exclusive of reference listing. The author’s name and essay title must be on each page, and all pages must be numbered.
4. Unique references, numbered consecutively, are limited to 20. (Reference citation of web sites is not acceptable unless a site is the sole source of the information or has official academic credentials. Examples of acceptable sites are official government web pages such as that of the National Institutes of Health.)
5. The paper must not have been offered to or published by any other journal or entered in any other contest and must be submitted to The Pharos, the official publication of AΩA, which has the right of first refusal.

6. If the essay is submitted by e-mail, the following information must accompany the essay on a separate page (or fill out the checklist following) or in the body of the e-mail: Author’s full name, address, phone number, e-mail address, name of medical school and year of graduation, and essay title.

7. **Essays not meeting all requirements will be rejected.**

8. A committee of the editorial board of The Pharos will review the essays and select the winners. Judging will be on the basis of originality, scholarship, style and composition, and relevance.

**Requirements for winning essays:**

- When notified of award receipt, authors of all winning papers must provide documentation of references in photocopy as follows: title pages of all books cited; the first and last pages of book chapters cited; the table of contents of the particular issue of the journal in which a cited article appeared; all quotations, from the primary sources, including page numbers.

**Essays not receiving an award:** Essays may be revised and submitted for standard review for publication in The Pharos. Papers not accepted for The Pharos but published elsewhere should include the following acknowledgment: Submitted as an entry in the 2013 Alpha Omega Alpha Student Essay Competition.

**More information:** Contact Jane Kimball at (650) 329-0291 or jane@alphanomegaalpha.org.

Submit your essay online at:
alphaomegaalpha.org/submit_essay.php

See examples of winning student essays and optional forms on AΩA’s web site:
alphaomegaalpha.org/student_essay.html
2013 Alpha Omega Alpha Helen H. Glaser Student Essay Awards

<table>
<thead>
<tr>
<th>Mr/Ms/Mrs:</th>
<th>First name</th>
<th>Last name:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Address:</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Telephone:</th>
<th>Email:</th>
</tr>
</thead>
<tbody>
<tr>
<td>School:</td>
<td>Year of graduation:</td>
</tr>
<tr>
<td>Essay title:</td>
<td></td>
</tr>
</tbody>
</table>

**CHECKLIST:**

<table>
<thead>
<tr>
<th>Margins 1 inch or larger</th>
<th>Author’s name and essay title on each page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Type size 12 point or larger</td>
<td>20 or fewer references</td>
</tr>
<tr>
<td>15 or fewer double-spaced pages, <strong>single-sided</strong>, pages numbered</td>
<td>Include name, address, telephone, e-mail, school, year of graduation, and essay title</td>
</tr>
</tbody>
</table>

**DEADLINE:** January 31, 2013

**QUESTIONS/SUBMIT ESSAY:** Jane Kimball (650) 329-0291 or jane@alphaomegaalpha.org

**MORE INFORMATION/ONLINE FORM:** alphaomegaalpha.org/student_essay.html
2013 Pharos Poetry Competition

Purpose: To encourage medical students to write effective poetry using imagery and rhythm or rhyme to structure the poem. See the attached “What Poetry Does” for more help in writing effective poetry.

Prizes: $500 first; $250 second; $100 third, honorable mention $75.

Eligibility: Authors must be enrolled at medical schools with active AΩA chapters or associations (Class of 2013 or later), but need not be members of AΩA. Only one entry may be submitted by each student.

Dates: Entries must be sent by online form or e-mail (jane@alphaomegaalpaha.org) no later than November 30, 2012. Winners will be announced about April 1, 2013.

Requirements for the poems:
1. Poems must be written while the student is in medical school, must be the work of a single author, and must represent original work.
2. The poem may be on any subject related to medicine.
3. The poem must be single spaced, single column, and not exceed two pages of 12-point type with minimum 1-inch margins. The author’s name and poem title must be on each page, and pages must be numbered.
4. The poem must not have been offered to or published by any other journal or entered in any other contest and must be submitted to The Pharos, the official publication of AΩA, which has the right of first refusal.
5. If the poem is submitted by e-mail, the following information must accompany the poem on a separate sheet (or fill out the checklist following) or in the body of the e-mail: Author’s full name, address, phone number, e-mail address, name of medical school and year of graduation, and poem title.
6. Poems not meeting all requirements will be rejected.
7. A committee of the editorial board of The Pharos will review the poems and select the winners.

Errata: Poems not accepted for The Pharos but published elsewhere should include the following acknowledgment: Submitted as an entry in the 2013 Alpha Omega Alpha Pharos Poetry Competition.

More information: Contact Jane Kimball at (650) 329-0291 or jane@alphaomegaalpaha.org

Submit your poem online: alphaomegaalpaha.org/submit_poetry.php

Forms and samples of winning poems are available at: alphaomegaalpaha.org/poetry_competition.html
## Additional Services Available

<table>
<thead>
<tr>
<th>Labels or lists</th>
<th>We can provide lists of all ΑΩΑ members in your area, or all ΑΩΑ members of your chapter, delivered as spreadsheets or label PDFs.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Membership verification</td>
<td>We can tell you whether candidates for ΑΩΑ election to faculty, house staff, or alumni categories are already ΑΩΑ members. This information may also available on our web site using the Locate a Member search box.</td>
</tr>
<tr>
<td>Replacement keys, certificates, ties, jewelry, scarves</td>
<td>The latest information on pricing and options is always available on our web site. We accept checks, money orders, and credit cards (credit cards only on the web site). Keys must be ordered by phone or postal mail and can only be ordered for active members.</td>
</tr>
<tr>
<td>Councilor information</td>
<td>We can provide you with the names, addresses, phone/fax numbers, and e-mail addresses of other councilors. Telephone numbers and e-mail addresses are posted on our web site: <a href="http://alphaomegaalpha.org/chapters.html">http://alphaomegaalpha.org/chapters.html</a></td>
</tr>
<tr>
<td>Web page hosting</td>
<td>Local chapter ΑΩΑ web pages can be set up as daughter sites of the national web site. Contact Debbie Lancaster at <a href="mailto:d.lancaster@alphaomegaalpha.org">d.lancaster@alphaomegaalpha.org</a>.</td>
</tr>
<tr>
<td>The Pharos</td>
<td>Each year we offer chapters the opportunity to receive complimentary copies of each issue of The Pharos for distribution to students, faculty, and staff. Contact Debbie Lancaster to order these: <a href="mailto:d.lancaster@alphaomegaalpha.org">d.lancaster@alphaomegaalpha.org</a></td>
</tr>
<tr>
<td>ΑΩΑ Brochure</td>
<td>Available on request. Phone (650) 329-0291 or e-mail <a href="mailto:info@alphaomegaalpha.org">info@alphaomegaalpha.org</a>.</td>
</tr>
<tr>
<td>ΑΩΑ Constitution</td>
<td>Copies of the constitution are available for distribution to members. Upon receipt of notification of nomination, chapters will be sent a copy of the constitution for each new member. The constitution is also available on our web site for reading or download: <a href="http://alphaomegaalpha.org/constitution.html">http://alphaomegaalpha.org/constitution.html</a></td>
</tr>
<tr>
<td>Chapter handbook</td>
<td>We are working on a generic chapter handbook</td>
</tr>
<tr>
<td>Chapter history information</td>
<td>Some historical information is available on chapter chartering and the names of previous chapter councillors (primarily from back issues of The Pharos). Contact Debbie Lancaster (<a href="mailto:d.lancaster@alphaomegaalpha.org">d.lancaster@alphaomegaalpha.org</a>) for more information.</td>
</tr>
<tr>
<td>Articles from The Pharos</td>
<td>Back issues of The Pharos and photocopies of articles are available. Contact Debbie Lancaster for permission to reprint articles for class work. A title index in Excel is available from the web site. <a href="http://alphaomegaalpha.org/resources.html">http://alphaomegaalpha.org/resources.html</a></td>
</tr>
</tbody>
</table>