TIPS ON RANKING RESIDENCY PROGRAMS
But first, some senior business.
Senior Requirements

✓ Make sure you have enough credits to graduate—taking into account elective maximums - reading electives, research, specialty and off-campus

✓ REQUIRED clerkships and electives—don’t jeopardize anything at this late date
Senior Requirements

- Emerging Concepts in Medicine
  - March 2 - March 13, 2009
  - Lecture time commitment 9am - 12pm
- Match Week  March 16 - March 19
- Transition to Residency - Monday, March 23 and Tuesday March 24
Senior Requirements - GQ

• Every U.S. medical school senior is required to complete the Graduating Student Questionnaire (GQ) on the web
• There is a link when you enter your rank order list, OR go to: www.aamc.org/gq
• **Deadline:** Match Day
• Must be completed in order to pick up graduation tickets on Match Day
MATCH WEEK 2009

• Monday, March 16  Did I Match?
  Noon EST  (on the web)

• Tuesday, March 17  List of Unfilled Programs
  Noon EST  (Unmatched Applicants can contact Unfilled Program)

• Thursday, March 19  **Match Day!!**
  12 Noon  Alum Aud Open Envelopes!
  1 PM EST (on the web)  (Where Did I Match?)
Early Match Timeline

- **Ophthalmology**
  - Submit Rank list January 8, 2009
  - Match results released January 15, 2009
- **Pediatric Neurology**
  - Submit Rank list January 14, 2009
  - Match results released January 21, 2009
- **Urology**
  - Submit Rank list January 5, 2009
  - Match results released January 26, 2009
What to consider when putting your rank list together . . . . .
Things to consider when assessing a program . . . .

- Quality of program
- Importance of teaching
- Research opportunities
- Fellowship Placement
- Happiness of Residents
- Did you like the people there?
Some more things to think about..

- Location
  - do you have a good support system close by?
  - Possible future place of employment

- Remember that residency is SHORT term but may have future implications.

- Housing/Salary
Things to consider … .

- If you haven’t already done so – talk to Downstate grads at the institutions
- Speak with Specialty Advisors
- Are you a good fit for the program?
- Is the program a good fit for you?
- GUT feeling
TIP# 1 Rank your programs in true preference order

- There is no secret to trying to outwit the matching process.
- No student with a lower number on the program’s rank list can take your spot, unless you match to a program higher up on your list.
True preference order

- Example: If a program ranks you #1 and that program is #15 on your list, no student can take your spot in the program unless you match to a program higher on your list.
Tip #2  Feedback from programs … big grain of salt

- Phone call or e-mail from a residency program director stating you will be ranked highly,
  - Do not assume you will automatically be matched to that program.  **Do not shorten your rank order list because you believe you have been guaranteed a spot.**
Dear Applicant:

We have thoroughly enjoyed your visit with us and it is clear that you will excel wherever you choose to go.

You represent the kind of candidate that has traditionally done well in our program and we hope to have the opportunity to work with you in the coming year.

Yours sincerely,

Program Director
Tip #3  DO NOT SHORTEN YOUR LIST

- The competitiveness of a particular field or residency program may change and fluctuate.
  - Program that normally goes to #40 to fill may only go to 25 this year.
- All students should rank programs on their list they consider to be “safety” programs to increase their chance of matching.
DO NOT SHORTEN YOUR LIST

• You will be matched to the highest program on your list which ranked you high enough to be matched

• Do not shorten your list in fear that it will increase your chances of not matching to programs higher on your list. That is not the way the match works.
DO NOT SHORTEN YOUR LIST

➢ To increase your chance of matching, list all programs you interviewed with, but only programs to which you are willing to go.

➢ SCRAMBLING IS NOT A STRATEGY!
Checking Your Rank Order List

• Every student should have their rank list reviewed by their Clinical Assistant Dean, a Student Affairs Dean or a Specialty Advisor.
• Accuracy of the list is too important to not have a second pair of eyes check.
• Decisions about making a list shorter should be discussed with any of the above.
• Open Office hours will be held by Student Affairs Deans. Clinical Deans may also do the same.
The Match is a binding contract

- Do NOT list programs on your list which you have no intention to go to - you have signed a contract through the NRMP, SF Match or AUA registration form and you are legally bound to keeping that agreement.
ADVANCED SPECIALTIES
(Not Early Match)

• You must rank a list of preliminary programs for each advanced program.
• If the advanced program/specialty is competitive or your list is not long enough, you may rank preliminary programs at the bottom of your advanced program list to try to secure a one year spot.
ADVANCED SPECIALTIES

- If you do not list preliminary programs at the bottom of your advanced program list, and you do not match to an advanced program, the matching computer program **does not** automatically access your list(s) of preliminary programs linked to the advanced programs.

- The preliminary programs must be ranked at the bottom of the list of advanced programs in order to obtain a one year spot in the event you do not match to an advanced program.
NRMP Rules

• Programs can take US seniors only through the NRMP or other early matches

• You can express interest in a program but you cannot ask how you will be ranked, nor misrepresent how you will rank the program. **Timing of e-mails - prior to Feb 1**

• A program cannot demand to know how it will be ranked by the applicant

• Applicants and programs are bound by the results of the Match
Second Looks

- Unless a program specifically said it is important to go on a second look to express your interest, it is not necessary to go.
- If you do go, you should only go to one or two programs, and primarily to help you make your decision.
- Do not go unannounced … call to make sure it is appropriate and make an appointment.
Surgical Preliminary Positions

• For Urology if you are under the impression that you do not need to enter a PGY-1 list through the NRMP match for your programs – call them to confirm this.
Entering NRMP Rank Order List

- Review ROL Applicant User Guide
- Have your AAMC ID (Applicant Code) and Password to login
- Couples must register both partners’ AAMC IDs in their ROL rank order entry
- www.nrmp.org
Welcome to the NRMP Match Site

Matches Open for Registration

Residency Match
Main Residency Match 2003: Open

For complete schedule of Residency Match click:

Fellowship Matches
Child and Adolescent Psychiatry Fellowships: Open
Colon and Rectal Surgery Fellowships: Open
Combined Musculoskeletal Matching Program Fellowships: Open
Medical Specialties Matching Program Fellowships: Closed
Obstetrics & Gynecology Fellowships: Open
Ophthamology Plastic & Reconstructive Surgery Fellowships: Closed
Pediatric Cardiology Fellowships: Closed
Pediatric Critical Care Medicine Fellowships: Open
Pediatric Emergency Medicine Fellowships: Open
Pediatric Hematology/Oncology Fellowships: Closed
Pediatric Surgery Fellowships: Closed
Primary Care Sports Medicine Fellowships: Opens 09/04/2002 12:00
Radiology Fellowships: Closed
Spine Surgery Fellowships: Closed
Thoracic Surgery Fellowships: Closed
Vascular Surgery Fellowships: Closed

For complete schedule of Fellowship Matches click:

NATIONAL RESIDENT MATCHING PROGRAM
<table>
<thead>
<tr>
<th><strong>School:</strong></th>
<th>Boston University School of Medicine</th>
</tr>
</thead>
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<td><strong>Fee Status:</strong></td>
<td>PAID</td>
</tr>
<tr>
<td><strong>Credential Status:</strong></td>
<td>VERIFIED</td>
</tr>
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Michael U Boston  
Senior in a U.S. Medical School  
AAMC ID: 11336545  
SSN/SIN: 999-99-9999  
USMLE/ECFMG: 9-999-999-9  
Match Status: ACTIVE
## Definitions

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<tr>
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<th>ACTIVE</th>
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<tr>
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<td>CERTIFIED</td>
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<td>ROL finished</td>
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| Fee Status:            | PAID    | No fees due         |

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<th>Credential Status:</th>
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<tr>
<td>(for US and Canadian applicants)</td>
<td></td>
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</table>
Update Profile

NRMP Main Residency Match - Welcome to NRMP

Michael U Boston
Senior in a U.S. Medical School
AAMC ID: 11336545

SSN/SIN: 999-99-9999
USMLE:ECFMG: 9-999-999-9
Match Status: ACTIVE

First Name*  Michael
Middle Name  U
Last Name*    Boston
Suffix

US SSN  999-99-9999
Canadian SIN
USMLE ID*  9-999-999-9
ECFMG ID

Birth Date*  01/02/1973
(mm/dd/yyyy)

Contact Information

Street Address*
111 Jobe Street

City*  Boston
Postal Code (U.S./Canada)  00515
Country*  United States
State*  Massachusetts

Day Phone*  617-555-0000
Evening Phone
Fax

Primary Email*  mac@test.com
Secondary Email
<table>
<thead>
<tr>
<th>List</th>
<th>Options</th>
</tr>
</thead>
<tbody>
<tr>
<td>Primary Rank Order List</td>
<td>View/Print ROL</td>
</tr>
</tbody>
</table>
Program Search

This Directory of programs lists those programs currently registered for this Match. To retrieve a list of programs select Specialty, Program and/or State. Leave Institution Code blank if you want a list of programs at multiple institutions.

Specialty:
- All Specialties
- Anesthesiology
- Dermatology
- Emergency Medicine
- Family Practice

Program Type:
- All Program Types
- Advanced
- Categorical
- Physician Only
- Preliminary

State/Province:
- All States
- Alabama
- Alaska
- Arizona
- Arkansas

To retrieve a list of all programs at one institution, choose an institution and leave other search categories as 'All'.

Institution Code:  

Display Records Per Page: 50

Submit  Cancel
Program Search

This Directory of Program lists those programs currently registered for this Match. To retrieve a list of programs, select Specialty, Program, and/or State. Leave Institution Code blank if you want a list of programs at multiple institutions.

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<thead>
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<th>Specialty</th>
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<td>Dermatology</td>
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<tr>
<td>Emergency Medicine</td>
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<tr>
<td>Family Practice</td>
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<table>
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<th>Program Type</th>
<th>State/Province</th>
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<tbody>
<tr>
<td>All Program Types</td>
<td>All States</td>
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<td>Advanced</td>
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<td>Physician Only</td>
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<tr>
<td>Preliminary</td>
<td>Arkansas</td>
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To retrieve a list of all programs at one institution, choose an institution and leave other search categories "All."

Institution Code: ___________________________  Display Records Per Page: 50

8 records found. record 1 - 8

To add a program to your List, click on the Program Code.

<table>
<thead>
<tr>
<th>Program Code</th>
<th>Institution Name</th>
<th>Program Description</th>
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<td>UNM/Fletcher Allen-VT</td>
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8 records found. record 1 - 8
NRMP Main Residency Match - Welcome to NRMP

NRMP

My Rank Order List

Michael U Boston  
Senior in a U.S. Allopathic Medical School  
AAMC ID: 11336545

SSN/SIN: 999-99-9999  
USMLE/ECFMG: 9-999-999-9  
Match Status: RANKING

Certify List

List
- Primary Rank Order List

Options
[View/Print ROL] [10Ranks] [Delete All Ranks]

<table>
<thead>
<tr>
<th>Rank</th>
<th>Prog Code</th>
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<th>Status</th>
<th>Supp List</th>
<th>Options</th>
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</tbody>
</table>
**My Rank Order List**

NRMP Main Residency Match - Welcome to NRMP

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AAMC ID: 11336545

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### List

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</table>
NRMP Main Residency Match - Welcome to NRMP

Michael U Boston
Senior in a U.S. Allopathic Medical School
AAMC ID: 11336545

SSN/SIN: 999-99-9999
USMLE/ECFMG: 9-999-999-9
Match Status: RANKING

### Certify List

<table>
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<th>Rank</th>
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Senior in a U.S. Allopathic Medical School
AAMC ID: 11336545

SSN/SIN: 999-99-9999
USMLE/ECFMG: 9-999-999-9
Match Status: RANKING

You have 3 program(s) ranked on your primary list and 1 associated supplemental list(s).

You must CERTIFY your Rank Order List to have it included in the match.

Password: [REDACTED] SUBMIT CANCEL
NRMP Main Residency Match - Welcome to NRMP

Michael U Boston  
Senior in a U.S. Allopathic Medical School  
AAMC ID: 11336545  
SSN/SIN: 999-99-9999  
USMLE Step 1: 999-999-9999  
Match Status: CERTIFIED ROL

APPLICANT INFORMATION

School of Graduation: 100 - National School of Medicine and Health Sciences - Test School  
ROL Last Changed: 12/23/2002 10:52 AM  
Certified on: 12/23/2002 11:00 AM

Although the data collection activities of the NRMP and the AAMC are unrelated, we are pleased to offer this link to the AAMC's Medical School Graduation Questionnaire (GSQ). If you have not done so already, please complete the AAMC Graduation Questionnaire.

PRIMARY RANK ORDER LIST

<table>
<thead>
<tr>
<th>Rank</th>
<th>Prog Code</th>
<th>Description</th>
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SUPPLEMENTAL RANK ORDER LIST - A

Assigned Programs: 111304A0, 132804A0, 180204A0

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<td>Georgetown Univ Hosp-DC</td>
<td></td>
</tr>
</tbody>
</table>
NRMP Fees

• Primary ROL 1-20 programs: No charge
  Additional programs $30/program ranked

• Supplemental ROL(s) 1-20 programs: No charge
  Additional programs $30/program ranked on all supplemental lists combined
How the Match Algorithm Works

• Applicant proposing

• Starts with an attempt to place an applicant in the program ranked #1 by the applicant

• A tentative Match occurs:
  > if the program also ranked the applicant and the program has unfilled positions
  > if the program is filled but the applicant is ranked higher than another applicant tentatively matched to that program
How the Match Algorithm Works - continued

No Match:
- if the program did not rank the applicant
- if the program ranked the applicant but is filled with other more preferred applicants

Couples the algorithm places a couple in their highest ranked pair of programs where both matched

Final Matches
- When the algorithm completes its cycles, all tentative matches become final

More information; http://www.nrmp.org
Summary

• Prepare a rank order list worksheet with program codes in order of preference before entering “My Rank Order List”

• Be sure to certify your rank order list

• Do NOT make 11th hour changes to your rank order list - they are usually not well-thought out.

• Complete your list at least 2 days before the February 25 deadline (9 pm) Servers on the deadline date may be overloaded and slow
For more information about the Match, visit the NRMP website

www.nrmp.org

National Residency Matching Program